

# Fortis Flame

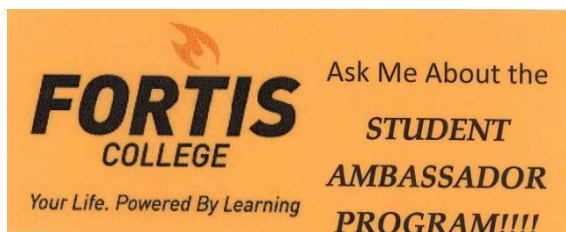
August, 2012, v. 1, no. 3

## What's New?

Fortis College is starting a Student Ambassador Program. We are looking for student volunteers to represent their program in various events hosted by Fortis College and in the surrounding community. We are looking for student volunteers to work with Fortis College staff during graduation, career fairs, high school fairs, and various other community activities. If you are a student looking to improve your resume, gain networking experience, and improve your leadership and communication skills, then apply to be a Student Ambassador.

Student Ambassadors have to volunteer a minimum of 10 hours per six months. Every six months we will select new applicants. Volunteer options will be available on a sign-up basis. As a Student Ambassador you will select opportunities that fit within your schedule. As more opportunities become available, emails will be sent to the Student Ambassador Committee to obtain volunteers.

If this sounds interesting and exciting to you - please see someone with an orange Student Ambassador sign on their office door to pick up and drop off an application.



## Financial Aid – By Deidre Vance, Financial Aid Director

- The 2012-13 FAFSA Award year has begun. If you are attending classes, you **MUST** complete the FAFSA. The deadline has passed and gone. If you failed to complete the FAFSA,

you will be required to make a cash payment toward the cost of your education. Please contact your financial aid representative immediately.

- For students who have withdrawn or received an “F” in a class. You must see the Registrar for scheduling AND Financial Aid for repackaging to cover the cost of class(es) that you must retake. Failure to see Financial Aid for repackaging may result in a cash payment owed to the school. Please contact your Financial Aid representative to make an appointment immediately.
- The Financial Aid Office assigns currently active students to a Financial Aid representative by last name. Please refer to the following guide when calling to speak with a financial aid representative.

If your last name begins:

A – F     Joni Hensel

G – M     Cheri Burwell

N – Z     Marlowe Earley

- Refund checks are processed on a weekly basis. Once the requests have been sent for processing, a notice is sent to the students via a web blast through the portal. The notice reads: “Your Financial Aid Refund check has been scheduled for processing. Please allow 7 – 10 business days to receive your check in the mail at the address listed on file.” There will be no need to contact Financial Aid unless you do not receive your check within 7 – 10 business days.



## **Pharmacy Technician Program Updates**

**-- by Vanessa Mrazek, Pharmacy Technician Program Director**

Our first graduate of the Pharmacy Technology Program, Miland Jenkins, is completing her externship at Walgreens Pharmacy in Lincoln Village. Miland is currently employed at Pharmacy Management Group, a long-term care pharmacy; however, she now has a tough decision to make! Erin, pharmacy manager for Walgreens, has been so impressed with Miland's knowledge and work ethic that she wants to hire Miland on the spot! Miland will be graduating August 20th and sitting for her Certified Pharmacy Technician Exam shortly after.



## **Career Services Corner**

**- Marlene Teed, Director of Career Services, & Rachel Grubb, Career Services Advisor**

### **Healthcare Professionalism**

1. Compassionate
2. Knowledgeable
3. Respect of others
4. Empathetic
5. Accountability
6. Service to others
7. Confidential
8. Ethical
9. Committed



**We are here to help! MTeed@FortisCollege.edu / RGrubb@FortisCollege.edu/ 614-882-2551**

## **Learning Resource Center**

**– by Laura Cheng, LRC Manager**

### **Peer-Reviewed Article from LIRN (Library & Information Resources Network)**

Did you know Fortis College has access to online databases like ProQuest and Gale InfoTrac? You can access the databases at <http://www.lirn.net/accounts/login/?next=/services/> or go to the LRC Website and click on Online Journals and Books on the left of the screen ([http://yourlrc.info/?page\\_id=4](http://yourlrc.info/?page_id=4)), then click on LIRN in the middle of the screen. You will need the access code to access those databases. Please contact the LRC for the access code.



### **New LRC Student Assistant**

LRC is pleased to have **Diane Herron** to join their team as the student worker. Ms. Herron is a student of the Nursing Program.

## **Use Mnemonic Devices to Make Memorization Easier**

**Visual image** - Associate a visual image with a word or name to help you remember them better. Positive, pleasant images that are vivid, colorful, and three-dimensional will be easier to remember.

**Example:** To remember the name Rosa Parks and what she's known for, picture a woman sitting on a park bench surrounded by roses, waiting as her bus pulls up.

**Acrostic (or sentence)** - Make up a sentence in which the first letter of each word is part of or represents the initial of what you want to remember.

**Example:** The sentence "Every good boy does fine" to memorize the lines of the treble clef, representing the notes E, G, B, D, and F.

**Acronym** - An acronym is a word that is made up by taking the first letters of all the key words or ideas you need to remember and creating a new word out of them.

**Example:** The word "HOMES" to remember the names of the Great Lakes: Huron, Ontario, Michigan, Erie, and Superior.

**Rhymes and alliteration** - Rhymes, alliteration (a repeating sound or syllable), and even jokes are a memorable way to remember more mundane facts and figures.

**Example:** The rhyme "Thirty days hath September, April, June, and November" to remember the months of the year with only 30 days in them.

**Chunking** - Chunking breaks a long list of numbers or other types of information into smaller, more manageable chunks.

**Example:** Remembering a 10-digit phone number by breaking it down into three sets of numbers: 555-867-5309 (as opposed to 5558675309).

**Method of loci** - Imagine placing the items you want to remember along a route you know well or in specific locations in a familiar room or building.

Example: For a shopping list, imagine bananas in the entryway to your home, a puddle of milk in the middle of the sofa, eggs going up the stairs, and bread on your bed.

Source: How to Improve Your Memory, [http://www.helpguide.org/life/improving\\_memory.htm](http://www.helpguide.org/life/improving_memory.htm)

## **Understanding Health Information Privacy**

The HIPAA Privacy Rule provides federal protections for personal health information held by covered entities and gives patients an array of rights with respect to that information. At the same time, the Privacy Rule is balanced so that it permits the disclosure of personal health information needed for patient care and other important purposes.

The Security Rule specifies a series of administrative, physical, and technical safeguards for covered entities to use to assure the confidentiality, integrity, and availability of electronic protected health information.

**Source:** U.S. Department of Health & Human Services. Health Information Privacy, <http://www.hhs.gov/ocr/privacy/hipaa/understanding/index.html>



## Meet the New People

- **New Faculty**

Kimberly McMaken, Medical X-Ray Instructor

Ms. McMaken graduated from Kettering college of medical arts in 2000 with an A.S. in Radiography. I continued my education and received a Bachelor's degree in Health Care Admin from UNOH. I live in Galloway Oh, married to Jami and have a 3 year old son, Harrison who will be 4 in July. I also work at Riverside Methodist Hospital in the Cath Lab as an Xray Tech. I teach here on Tues and Thurs. I am a big OSU fan and Cincinnati Reds fan. I love to read and walk outside!

- **Other New Faculty**

**Kayla Kramer** – Surgical Technology

**Tinia Bradshaw** – Sociology Instructor

**Jennifer Shackelford** – Gen. Ed. Instructor

**Jo Woods** – Medical X-Ray Tech./ Allied Health Instructor

**Sara Moats** – Nursing Instructor

**Judy Leitenberger** – Nursing Instructor

**Roxanne Ritchey** – Nursing Instructor

**Kristine Gaver** – Nursing Instructor

**Mandi Mauck** – Nursing Instructor

**Mindy Owens**, Human Resources Associate. Ms. Owens' previous work experience includes 11 years in Human Resources for Westerville Schools, specializing in employee and labor relations, recruitment, staffing and compliance training. She holds an associates degree in human resources and the Professional Human Resource certification from HRCI. She is also Microsoft certified in Access and Word. Ms. Owens is a member of the Society for Human Resource Management (SHRM).

**Wendy Brill**, Business Manager. Ms. Brill has worked for Fortis for over 2 ½ years as the Assistant Business Office Manager/ Assistant Registrar. Her background is in Finance, so she considers that this is an excellent position for her. There are quite a bit of challenges lying ahead in the Business Office and she is anxious to get started making a difference.

- **Other new staff**

**Eva Hudgins**, Registrar

**Latila "Tosha" Powell** – Assistant Business officer

Welcome!  
Welcome!

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Comments? Contact:  
Laura Cheng, LRC Manager,  
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- **New Staff**

Career Services is pleased to have joining the team, **Rachel Grubb**, as Career Services Advisor. Rachel is a graduate of Wright State University with a Bachelor of Science in Education. Rachel will focus her efforts with graduates and students of our allied health programs. Rachel is thrilled about the opportunity to work at Fortis College and to help our graduates achieve success in their careers.