

## **WHAT'S NEW?**

C.E.A.N. is Community Employment Assistance Network, a monthly free meeting operated by Shared Resource Network, Inc. and hosted by a different member organization each month. CEAN is delighted to be hosted by: Fortis College, 4151 Executive Parkway, Westerville, OH 43081 on Thursday, March 14, 2013 from 8:45am to 10:45am. Dr. Mark Volpe, Director of Education, is hosting.

C.E.A.N. welcomes job seekers along with employers, agencies, government, education, career coaches, and others that are focused on "getting and keeping Central Ohioans employed." Thus, Fortis College students that choose to attend should wear scrubs or business casual and bring several copies of their resume to place in potential employers' hands at the meeting. The meeting is conducted in a "Town Hall" format in that each person gets two minutes to discuss their organization or their personal job search desired outcomes. At the end of this, open networking is encouraged, thus, job seekers can shake hands with recruiters and all can make potential connections for current job searches or for upcoming job searches in the future.

Job seekers should also come prepared with their best "elevator speech" so their two minutes "in the spotlight" shares their best attributes and goals. Here's a reminder to speak confidently, project your voice so the entire room can hear you, and bring resumes or any other materials you would like this audience of very connected people to have from you (i.e. business card, resume, half page of highlighted items, etc.). There are usually employers represented beyond healthcare to include: home improvements, call centers, agencies, government, ministries, and others that may provide opportunities to earn income while in school or provide a volunteer or intern site, if you are interested. Each meeting is unique in the mix

of people that attend, given the several hundred members of C.E.A.N.

If you plan on attending, please email Eddie Powell (Eddie@EddiePowell.com) or Mark Volpe (MVolpe@FortisCollege.edu) so that enough chairs and refreshments can be provided for the meeting. Any additional questions about C.E.A.N. please direct to Eddie Powell at Eddie@EddiePowell.com or stop by and see him in the computer lab.

*C.E.A.N. - Community Employment Assistance Network began in the Mid-1990's and has been meeting on 2nd Thursdays of every month focusing on "Getting and Keeping Central Ohioans Employed." Job seekers are welcome with resume and proper attire. Come ready to share and network. Remember, there may be jobs mentioned suitable for family members and others, too, so take notes and have the job seeker share with the potential employer, "I found out about this through CEAN." See YOU at the next meeting! - Eddie Powell, Director*

# C.E.A.N.

## **FINANCIAL AID**

**– By Deidre Vance, Financial Aid Director**

### **Tax Time! Tax Time!**

2012 Tuition Statements are available. They were mailed out to students during the week of January 21 – January 25 to the address listed on your student portal. Please make sure that you update your contact information at the Registrars Office or online through your student portal. The tuition statements will be available online at [www.1098T.com](http://www.1098T.com).

If you have general questions regarding the 1098-T TUITION STATEMENT, or other federal EDUCATION BENEFITS, contact TCRS, Tax Credit Reporting Services.



**TCRS 1098T Hotline:**  
**1-877-467-3821**

### 2013-14 FAFSA RENEWAL

It is time once again to complete the 2013-14 FAFSA. You are required to complete the FAFSA if you are planning to be in school and wanting to receive Federal financial assistance to fund your education after July 1, 2013. Renewal Reminder e-mail notifications were sent to students who are renewal-eligible for 2013-2014 and who qualified for reminders by January 8, 2013. Eligible students must have a valid e-mail address on their 2012-2013 record to receive a 2013-2014 Renewal Reminder e-mail.

You can complete your 2013-14 FAFSA at [www.FAFSA.ed.gov](http://www.FAFSA.ed.gov)  
Fortis School Code: **010319** (Medix School, Towson, MD)

As of the 2012-13 FAFSA, financial aid departments are no longer eligible to collect copies of your Federal 1040, 1040A/EZ to use in the verification process. You are required to use the **IRS Data Retrieval Link** when completing your FAFSA or you may request a copy of your tax account transcript from the IRS via phone, email or completing a FORM 4506 (located in the financial aid office).

Please complete your 2013-14 FAFSA as soon as possible to avoid processing delays. You may contact the financial aid department if you have any questions.



### PHARMACY TECHNICIAN PROGRAM

-- by Vanessa Mrazek, Pharmacy Technician Program Director

January was a busy month for the Pharmacy Technician Program. We said "Good Luck in all that you do!" to two graduates, Ariam Zenaghabriel and Hudson Sisay, as they work to begin their careers. We had two students leave to begin their



five week externship – Richard Kanu will be completing his hours at a long term care pharmacy and Yusupha Sidibeh

will be completing his hours at a CVS pharmacy. We also said welcome to four new students who joined our program. We would like to say good luck to everyone and have success in all that you do!!

The time has come for the next group of Student Ambassadors. If you are interested in volunteer opportunities within Fortis College including but not limited to orientation, high school exploring, career fairs and high school fairs, please see Vanessa Mrazek; Director of the Pharmacy Technician Program for more details and an application. This is an excellent opportunity to build up your resume, gain leadership and networking skills, and talk to potential employers.

### CAREER SERVICES CORNER

-- Marlene Teed, Director of Career Services, & Alisa Handmaker, Career Services Advisor

**FOLLOW UP FOLLOW UP FOLLOW UP**

Posted By: Melissa Kennedy On: 7/30/2012 In: Job Seeker – Interview – [www.beyond.com](http://www.beyond.com)

One of the most common questions that job seekers ask is "Why didn't they call me back after the interview?" Everyone has been there at one point or another and it has to be one of the more frustrating parts of looking for a job. Once the



interview is over and the thank you note is sent, it becomes a waiting game. Just waiting for the phone to ring and compulsively checking your email can drive you crazy.

The way to combat this is by following up with a company after the interview. A follow up phone call is one of the most useful but under-used pieces of interview etiquette. When I think back to the times when I haven't made the phone call, the reason was that I was afraid to call, worried that I would be seen as pushy or overly eager. The problem with this type of thinking is that it won't help you get the job. Here's why:

You've already met a representative of the company and discussed how you could be an asset to their company. This means that you have a business relationship with that person. Calling them back isn't even close to being in the same category as cold calling someone. It's perfectly acceptable, and in fact, expected that you will give them a call to follow up. Here are a few tips to help you get through the call:

**Think about why you're qualified for the job –**

If you are still feeling anxious about making the call, remind yourself of why you are a good fit for the job. Review the interview in your mind and think about all the things that went right. This should give you a needed confidence boost and make it less likely that the anxiety will bleed through in your voice.

**Follow up at the appropriate time -**

At the end of the interview, it's important to ask what when the company is planning to make a hiring decision. If they say three days or a week or whatever, use that as a timeline for when you should call them. Don't call before the timeframe they gave is up. If they said that they will make a decision in three days, call on day four. If the employer wasn't able to give a specific time, then you should follow up in a week.

**Don't call on Monday –**

Mondays are always the busiest days at most jobs, so don't call then. Even if they said they would make a decision on Friday, wait until Tuesday to

follow up.

**Be careful leaving messages –**

Before you call, it's a good idea to write out a brief script in case your call is forwarded to voice mail. This makes it less likely that you will leave out important information or ramble because of nerves. Also, if the message is being taken by an actual person, be careful about how much information you give. Simply give your name and number and say that you are following up on a meeting you had last week. Don't mention the details of the job because you can't know how much information the person has.

**Don't burn bridges –**

You shouldn't attempt to leave more than two messages. If you don't get a call back, you can assume that you didn't get the job. Even if the employer never calls you back or if they tell you that they have decided to hire someone else, be as professional as possible. The worst thing you can do is to lose your cool and get mad. You never know when you might need them again, so don't burn those bridges. Following up only takes a few minutes, but it can really make you stand out. So many people don't bother to call back.

**We are here to help! [MTeed@FortisCollege.edu](mailto:MTeed@FortisCollege.edu) / [AHandmaker@FortisCollege.edu](mailto:AHandmaker@FortisCollege.edu) / 614-882-2551**





## **LEARNING RESOURCE CENTER**

– by Laura Cheng, LRC Manager



<http://lrc-fortis-columbus.weebly.com/>

Check out LRC website. Lots information related to school announcements, web sources, technology (free software), associations, scholarships/loans, job searching is available on this site.

## **Winter 2013 COMMENCEMENT**

Saturday, January 26, 2013, 11:00 am  
Veteran's Memorial Auditorium  
300 West Broad St., Columbus, OH 43215

### **Honor Cords**

#### **President's List (GPA 3.8 – 4.0: Gold Cords)**

##### **Practical Nursing**

Jennifer Krueger

##### **Medical Assisting**

Zeinabu Ali, Taylor Bartley,  
Jolene Carpenter, Patricia Collins

##### **Medical Billing & Coding**

Diane Markle

#### **Dean's List (GPA 3.40-3.79: Silver Cords)**

##### **Registered Nursing**

Jocelyn Huston, Mandie Massey,  
Denise Sammons, Amy Williams

## **Practical Nursing**

Jovana Bixby, Tammy Davenport, Paula Leist,  
Shaunte McKnight, April Terrill, Rachel Watkins,  
Carrie Williams

## **Surgical Technologist**

Michelle Brock

## **Medical Assisting**

Mariah Bonner, Larissa Hearn, Maleata Miller,  
Elizabeth Njeru, Charley Perkins, Megan Sheline

## **Medical Billing & Coding**

Michelle Cruz, Marsha Hawker, Carrie Zody

## **Medical Office Basic X-Ray Technician**

Anab Farah, Katelyn Garver, Laura Heil,  
Ernesting Henry, Paul Palsgrove

## **NTHS Members (White Tassel)**

### **Registered Nursing**

Andrea Coats

### **Medical Assisting**

Larissa Hearn

### **Medical X-Ray**

### **Technology**

Colleen Lorms



## **Student Ambassador (Royal Blue and White Cord)**

### **Medical X-Ray Technology**

Colleen Lorms, David Thangarajah,  
Tiona Thompson

## **Student Nurses Association (Royal Blue and White Cord)**

### **Registered Nursing**

Jocelyn Huston, Brandi Lipscomb, Regina Preston

## **MEET THE NEW PEOPLE**

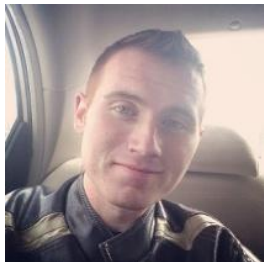
### **• New Faculty**

#### **Denver Clayton Moore, Jr. – Adjunct Instructor**

Denver Clayton Moore, Jr. is one of the newest members to the General Education field at Fortis College. Denver has recently returned from the United Kingdom where he received his MA in Socio-Cultural Anthropology. He also has a BA in



Sociology, Music, and Theatre. He is a native of the Ohio region but has been a constant traveler ever since graduating from high school, living in places such as Virginia, Delaware, and the United Kingdom, just to name a few.



Before coming to Fortis, Denver has experience in working as a Resident Assistant and also as an Investigator for the State Government. In the field of Sociology, Denver has done research on LGBT (Lesbian, Gay, Bisexual, Transgender) communities, the effectiveness of social media, and gender/race discrimination in modern television. In the field of Anthropology, Denver has become experienced in gender roles, sex, sexuality, gender, cultural adaptations and evolution, ethnomusicology, and the progression of American musical theatre.

In addition to Sociology/Anthropology, Denver also has an interest in the fine arts. He is active in the Columbus area theatre and is currently cast in a show entitled *Magick & Poison*, which will be performed at the Northland Performing Arts Centre in April of this year. Denver is also an ally for the LGBT community and is currently a volunteer for the 'Freedom to Marry Organization', which fight for LGBT rights and marriage equality in the state of Ohio.

Denver is excited to become a member of the Fortis community. Having had a couple of classes already, he has already seen the potential that the students at Fortis bring into the classroom. He is eager to continue his work at Fortis to see how, not only the students, but also him and fellow staff members grow individually and as a team.

#### **Diane Price – Adjunct Nursing Instructor**

I am a "seasoned nurse" as the saying goes for having worked as a nurse for 32 years. I spent that time working at Miami Valley Hospital in Dayton, Ohio. My first four years in nursing were spent in the medical-surgical area. In 1981, I transferred to obstetrics where I continued to practice until 2010.

My experience in OB was mainly in high risk antepartum, postpartum, and the nursery. I also was fortunate to gain some experience in labor and delivery, and the NICU. In 2004, I became a certified Lactation Consultant. I really enjoyed working as an LC as I could spend one on one time with the Moms and babies assisting them with breastfeeding. I took early retirement in 2010, however old nurses never know when to quit (do we ever stop being a nurse?). I came back to work at Fortis College here in Columbus in January, 2013.

I am really enjoying the experience as a clinical instructor for Fortis College. I am also a student at Capital University in Columbus for an addition to my Master's degree in Nursing for a Clinical Nurse Specialist. If I am successful with this endeavor, I will be finished with class work by fall, 2014. Then I will have



to take an exam in order to practice at the advanced nurse level. This is very exciting and a challenge.

Personally, I have four grown children and two grandchildren. My spare time is spent with family, enjoying my dog and cat, writing a biography on family history, picture albums, and travel as time allows. I would like to get back to my hobby of scuba diving in the near future. However, as we all know, students cry out, "what spare time?" I recently moved here from Dayton, Ohio, so I am still in the process of unpacking as well.

I hope this little story gives you some idea of who I am as a nurse and person. I wish you all well in your endeavors to be a nurse.





### **Lawrence Christopher F. Castro – Nursing Instructor**

Born in Manila in 1974. Lawrence speaks Filipino, English and German. He graduated from the



United Doctors Medical Center in the Philippines with a Bachelor of Science in Nursing in 1995. He was a scholar in the United States of America and finished his Masters of Science in Nursing with a concentrate in nursing education at Capital University, Columbus, Ohio in 2008.

His specialization is oncology nursing.

He worked at Riverside Methodist Hospital in Ohio, USA for almost (5) five years as an oncology nurse. He is a member of the prestigious nursing organization Sigma Theta Tau International Honor Society of Nursing. He came from a family of educators; his maternal grandfather was a music teacher in US Army in Hawaii. His paternal grandfather was a Scout teacher in the Philippines. He has a sister who works as a nursing supervisor in Our Lady of Lourdes Hospital in New Jersey, USA and a brother who lives in Germany. Lawrence loves to travel a lot, read books, cook Filipino and European dishes and collect old paper monies and coins.

### **Ellen Farrelly – Adjunct Nursing Instructor**

My name is Ellen Farrelly. I've been a Registered Nurse since 1987. I'm originally from the State of Delaware. Delaware unlike Ohio has only 3 counties compared to Ohio's 88. I started out in nursing working with surgical patients primarily then went to pediatric patients. Eventually I transferred to a transitional nursery and cared for premature infants transitioning to home. In 1993 my husband was transferred to Ohio. Since then I worked in Home Health and recently worked at a Pediatric Clinic for Nationwide Hospital. I am excited to join the Fortis staff and so far am enjoying my experiences with the students.

### **Fawntella Parmer – Adjunct Instructor**

Fawntella Parmer is the Allied Health Instructor at Fortis College with responsibility for the Medical Billing and Coding students. Prior to joining Fortis College, Mrs. Parmer worked as a Coder for several companies, including Kaiser Permanente, University Hospitals of Cleveland, and Akron Cardiology Consultants, Inc.

Notable is her 20 years in the healthcare field, with 10 of 12 years being a Certified Coder through the American Academy of Professional Coders (AAPC) and 3 years as an AHIMA-Certified ICD-10 Trainer. She has coded over 10 different specialties, including IVF, OB/GYN, Pediatrics, Radiology, Cardiology, Oncology, and Department of Medicine. Along with her certifications, Mrs. Parmer holds a Bachelors Degree in Healthcare Administration through the University of Phoenix. Mrs. Parmer is looking to further her education by obtaining a Masters Degree in Public Health, as well as sit for the Certified Coding Specialist (CCS) credential through AHIMA later this year.

Mrs. Parmer took an interest in teaching after being put on the spot by her former employer, University Hospitals of Cleveland with giving an impromptu teaching session in "The Financial processes of IVF" to several doctors and hospital administrators. Since then, Mrs. Parmer has went on to teach students at Bryant & Stratton College (Parma, OH), Harrison College (Grove City, OH, and National College (Columbus, OH).

Mrs. Parmer has been living in the Columbus area for 2 years, coming from her hometown Akron, Ohio. She is married and has 3 grown children, 2 grandchildren, and a big puppy named Melanie.

#### **• Other New Faculty**

Nicholas Kroll – Adjunct Nursing Instructor  
Abigail Adams -- Adjunct Nursing Instructor  
Michelle Smith -- Adjunct Nursing Instructor  
Darcy Kaplan -- Adjunct Nursing Instructor  
Pamela Ratvasky – Adjunct Instructor



- **New Staff**

**Alisa Handmaker – Career Services Advisor**

I hold a Bachelor of Science degree in Psychology from Penn State University. After obtaining my



Bachelor's degree, I continued my education at Florida Atlantic University. At FAU, I obtained a teaching certificate in social studies for grades 6-12.

While living in sunny south Florida, I was employed in the admissions department of a predominately online university

where we offered Bachelor and Associate Degree programs. Following this employment, I was employed in the admissions department of a youth leadership organization where high school students were selected to attend career and leadership conferences.

Born and raised in Philadelphia, PA, I am a Philly girl at heart. I spent a dozen or so years in south Florida before moving to Cincinnati, OH, and most recently the Columbus area. My husband and I met at Penn State and together we have 3 beautiful girls.

- **Other New Staff**

Jeffery Ewing – Human Resources Manager

### **Shared Resource Network**

Central Ohio has a unique resource in Shared Resource Network, Inc., operators of [www.TheSRN.com](http://www.TheSRN.com) Digital Workforce Radio, Power Thoughts Radio, and Shared Resource Network Television. Connect to all of these resources that

are focused on jobs, careers, and hot opportunities in the marketplace while uplifting and providing focus through the challenging times.

Fortis College Career Development and Computer Instructor, Eddie Powell, has hosted the radio and television since 2000 featuring a number of guests in many fields along with experts in resumes, job search, employment opportunities, and more.



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Eddie is the author of *How To Get The Job You Have Always Dreamed Of* available through Amazon.com and others available through the Kindle platform. He has worked with the U.S. Department of

Labor on national programs, been honored as the U.S. Small Business Administration Journalist of the Year, and granted a U.S. Congressional Order of Merit and a U.S. Presidential Commission. Connect with him at [www.Linkedin.com/in/EddiePowell](http://www.Linkedin.com/in/EddiePowell).

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### **Winter Driving Challenging**

***By: Eddie Powell***

Winter calls for an update of your driving habits. While ice, snow, sleet, and freezing rain can cause dangerous driving conditions, it is awareness that many times will keep you out of the ditch or out of the accident.

Here are a few things to consider now:

- ✓ Check your car for important safety equipment including flares, reflectors, fix-a-flat, blanket, a few small candles with a metal can and matches which could help keep you warm if you have to wait on a



tow and your car doesn't run, flashlight, and extra snack foods that can keep your body running in case your car isn't

- ✓ Check your fluids often including oil, brake fluid, antifreeze, power steering fluid, and others. Carry some extra's in your truck so you can top them off, as needed. If you are not sure how to check them or which ones to check when their hot/operating temperature and which ones to check when their cold/before you start and warm the engine up, please visit a competent mechanic.
- ✓ Check your tires for proper inflation. Check the tread for proper depth to handle better in the snow and the air for maximum life of the tires. If you are purchasing new tires, remember to get the same size and number as the current tires on the vehicle (check with the manufacturer for the proper size, if you have any questions). There will be a number of considerations which can greatly impact the price including: size, steel belted versus fiberglass belts, the type of tread which varies for the type of driving you typically are involved in (long distance, city driving, winter versus summer, etc), and more.
- ✓ Windshield washer fluid should be kept full. In the winter, many of the summer blends tend to freeze and can burst the container on the car. It is a good idea to use a windshield washer fluid that is blended with some type of antifreeze ingredient so it will flow when needed and so it won't freeze and destroy your vehicles' reservoir. Some brands are using green or orange coloring for easy identification as winter use versus the standard blue coloring for summer use. A few moments focused on your vehicle and your personal safety now can save many hours of trouble later.



***As an added bonus for readers of this column, Goodyear on Executive Parkway at Sunbury Road in Westerville and Car Care of Reynoldsburg near the intersection of Brice Road and East Main Street (Rt 40) in Reynoldsburg are both offering 10 percent savings on Labor, should you need any repairs done, when you simply mention "Eddie Powell Sent Me and Said I Get 10 Percent Off Labor." Eddie Powell is CEO of Shared Resource Network, Inc., producers of TheSRN Digital Workforce Radio, access at: [www.TheSRN.com](http://www.TheSRN.com) or download WinAMP and search TheSRN Radio.***

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## **A Few Good Men...**

- Marlene Teed: "I wanted to send out a big thank you to those who participated in the Blood Drive. We exceeded expectations with a collection rate of 107.7%! Thank you for informing your students about the Blood Drives and encouraging them to participate.

Our next Blood Drive will be on Tuesday, March 12<sup>th</sup>. The signup sheet is outside the first Career Services door.





- A student lost her wallet. A few good Samaritan student and faculty found and returned the wallet to the owner!!!! So proud of this group of good people!!!!

- **The Komen Walk is shaping up!**

We are planning to walk as a Fortis College team in May. Sign up at the web site to join us and/or donate to the team! We are typically finished before noon. Most of the returning participants are purchasing pink scrubs for the event. I am talking to several companies to see if we can get a special price for this event. I will let everyone know as the information comes to me! Any questions... contact me and I will answer them!!! Thank you in advance for caring.

We have been approved for dress-down days. For \$2.00, we can purchase stickers and wear casually appropriate clothing. This event is a fund-raising event for our team's goal of \$1000.00! Flyers are up around the building.

The days alternate. Starting Monday, March 4th and the next week the day will be Wednesday, March 13th, we can business casually dress down. Anyone without the appropriate sticker and not in uniform, will be sent home. This event is open to anyone in class that day. Instructors, students, administrative staff, please participate and show your support! PLEASE!!!! **Sign up to join us.**

Check out the Fortis web site: <http://lrc-fortis-columbus.weebly.com/1/post/2013/02/komen-columbus-race-for-the-cure.html>.

Questions? Please come and see Cynthia Parker (CParker@FortisCollege.edu) in the radiology department.

## **Komen Columbus Race for the Cure®**

**May 18, 2013**

**Ohio Statehouse, Columbus, OH**



[http://columbus.info-komen.org/site/TR/RacefortheCure/CLM\\_ColumbusAffiliate?fr\\_id=2945&pg=entry](http://columbus.info-komen.org/site/TR/RacefortheCure/CLM_ColumbusAffiliate?fr_id=2945&pg=entry)

**Team Name: Simply Rad**

**Password: powt1002**

(The web site may ask for a password to get into the information and be able to sign up with the team.)

**One last thing... remember to laugh everyday!**



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Suite 120, Westerville, OH 43081  
Phone: 614-882-2551; Fax: 614-882-2914

Comments? Contact:  
Laura Cheng, LRC Manager,  
[lcheng@fortiscollege.edu](mailto:lcheng@fortiscollege.edu)

